

PROGRAM INTERNATIONAL DAYS 2023

LECTURERS 'INTERNATIONAL DAY'

15 of March 2023 | International Day for students

Campus Sanderus

9.00: Welcome | Foyer

9.30-10.30: sessions

<p><i>"Humans in natural environments: evidence and future directions"</i></p> <p>Simone Grassini</p>
<p><i>"Theories Behind an Athlete"</i></p> <p>Bonnie Bakuretz</p>
<p><i>"Gifted vs Nongifted Adolescents: Differenties in Mental Health and Personality"</i></p> <p>Florim Galloperi</p>
<p><i>"Organizational Psychology in practice: Psychological Aspects of Remote Working"</i></p> <p>Dóra Klajkó</p>

10.30-11.00: coffee break

11.00-12.00: sessions

<p><i>"Birds of a Feather buy Together: The Effect of Buyers' Facial Similarity to Message Source on Online Purchase Decisions"</i></p> <p>Ádám Putz</p>
<p><i>"Relationship Between Human Activity and Environment"</i></p> <p>Sasja Wolters</p>
<p><i>"Why persuaded by neurowordly explanations?"</i></p> <p>Maite Montagut</p>
<p><i>"Basics of communication"</i></p> <p>Lisa Zach</p>
<p><i>"Social Sustainability: Young Leadership and Engaged Citizenship in Social Work, Education and Research"</i></p> <p>Spark Van Beurden</p>

12.00-13.30: Lunch

13.30-14.30: sessions

<p><i>"Relationship between human activity and environment"</i></p> <p>Sasja Wolters</p>
<p><i>"Theories behind an athlete"</i></p> <p>Bonnie Bakuretz</p>
<p><i>"Organizational Psychology in Practice: Psychological aspects of remote working"</i></p> <p>Dóra Klajkó</p>
<p><i>"Health Care in Kenya, East Africa"</i></p> <p>Ezekiel Onyonka Mecha</p>
<p><i>"Social Sustainability: Young Leadership and Engaged Citizenship in Social Work, Education and Research"</i></p> <p>Spark Van Beurden</p>

14.30-15.00: coffee break

15.00-16.00: sessions

<p>“Why persuaded by neurowordy explanations?” Maite Montagut</p>
<p><i>“Humans in natural environments: evidence and future directions”</i> Simone Grassini</p>
<p><i>“Gifted vs Nongifted adolescents: Differenties in mental Health and Personality”</i> Florim Gallopeni</p>
<p><i>“Basics of Communication”</i> Lisa Zach</p>
<p><i>“Birds of a Feather buy Together: The Effect of Buyers’ Facial Similarity to Message Source on Online Purchase Decisions”</i> Ádám Putz</p>

PROGRAM INTERNATIONAL DAYS 2023

LECTURERS 'INTERNATIONAL DAY'

16 of March 2023 | International Day for staff

Campus Sanderus

9.00: Welcome | Foyer

9.30-10.30: sessions

<p><i>"Humans in natural environments: evidence and future directions"</i></p> <p>Simone Grassini</p>
<p><i>"Relationship Between Human Activity and Environment"</i></p> <p>Sasja Wolters</p>
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10.30-11.00: coffee break

11.00-12.00: sessions

<p><i>"Gifted vs Nongifted Adolescents: Differences in Mental Health and Personality"</i></p> <p>Florim Galloopeni</p>
<p><i>"Theories Behind an Athlete"</i></p> <p>Bonnie Bakuretz</p>

“Why persuaded by neurowordly explanations?”

Maite Montagut

“Insights in First-in-family”

Lisa Zach

12.00-13.30: lunch I Foyer

13.30-15.30: session for international guest speakers

Ted Talk of our expertise cells + possibility to discuss – SAN 2.5

15.30-17.00: reception I Foyer

GUEST SPEAKERS BIO & ABSTRACTS

Bonnie Bakuretz

PhD student at the University of Pécs, Sportpsychologist

Bonnie studied psychology in Pécs, graduated in 2017. Her work is partly academic research and partly applied field of psychology: she works with the Hungarian National Basketball Academy and with other Hungarian clubs. Her researches at the University are mostly inspired by practical experiences. Her Phd Thesis is about talent, talentmanagement and mentoring in different views.

“Theories behind an athlete”

There are many good examples, where the athlete seems always successful. Not only physically but psychologically at all times. Sports psychology plays part in their preparation and maybe psychology is one of the reasons why athletes are successful in their sports career.

But which knowledges are the first steps when you want to get your best side on the track? What kind of theoretical approaches are the most often used?

In my presentation, we will work with some phenomena related to sport and we are going to find solutions. The three main phenomena is going to be the following: self-confidence, anxiety and psychological development in the culture of sport.

Thomas More

Campus Sanderus

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Florim Gallopeni

Florim graduated with a BA at the University of Prishtina in the Department of Psychology. He continued his Master studies in Clinical Psychology through the TEMPUS project. He finished a doctoral studies in Clinical and Health Psychology at the University Autònoma de Barcelona University.

He is an experienced professor in institutions of higher education since 2010. Florim also had experience working in various institutions; clinical psychologist at the Institute ATOM, a clinical psychologist in treatment of children with autism, psychologist in Together Foundation, psychologist in support of foster families in centers for social work by Amici dei Bambini, national supervisory psychologist at Mensa Kosovo and other engagements in various research and professional projects.

Florim Gallopeni is cofounder of IREDS and QDT WeCare.

“Gifted vs nongifted adolescents: differenties in mental health and personality”

This study is aimed at contributing to defining the personality profile and associated mental health problems of gifted and nongifted adolescents. The main objectives are to describe the mental health and personality profiles of gifted and nongifted adolescents so that family, schools, and society can respond to the specific needs of gifted adolescents. In so doing, society, the education system, and mental health institutions will be able to plan early interventions based on evidence. For this purpose, we conducted a nationwide study in Kosovo and used the following battery of instruments to collect data: the SPM+, the Leiter-3, the YSR and the 6PF49. The final total sample consisted of 270 adolescents (n = 140 gifted and n = 130 nongifted). From the results obtained, we can conclude that being gifted is not a predictor of emotional and behavioural problems nor total mental health problems. Contrarily, personality factors as neuroticism, impulsivity and aggression-hostility significantly predict emotional, behavioural, and total mental health problems. The conclusions of this study are important because they noted that scoring high on intelligence is not a risk factor of mental health problems but being a male adolescent and scoring high on neuroticism, impulsivity and aggression-hostility are risk factors.

Simone Grassini

Simone is a Norwegian Researcher in the field of environmental psychology, human-computer interaction, cognitive neuroscience, human factors & cognitive ergonomics. Specialized in time-series data analysis. Use of EEG, GSR, ECG, for psychological experiments.

“Humans in natural environments: evidence and future directions”

The reasons why humans enjoy spending time in nature have been long debated. Diverse theoretical approaches have been interpreting the available empirical data in different manners, without providing a definite answer. However, most researchers agree that the pleasantness of nature and its relaxing and restorative effect may be somehow related. Some researchers have proposed that low-level visual stimuli (e.g., shapes, pattern disposition) commonly displayed by natural stimuli are responsible for mediating the positive effect of nature, while – especially in the past few years – other approaches have emphasized the socio-cultural aspect of nature. A further question is whether individual differences in humans a moderating factor for the positive effect of nature are, and how this effect may explain the phylogenetical predisposition of humans toward nature. In the present talk I will present the most prominent approaches to this theoretical question, as well as some data from our latest studies. Furthermore, evidence on how modern technological

solutions (virtual reality) can find space in providing humans with restorative environments will be presented and discussed.

Dóra Klajkó

Dora is a senior IT recruiter and experienced organizational behaviour specialist with a demonstrated history of working in the computer software industry, mainly with small companies and startup teams. She is skilled to facilitate workshops, agile methodologies and ceremonies. Her PhD research focuses on agile methodologies and flexible organizational cultures. I like to examine some topics and put theory into practice.

“Organisational psychology in practice - Psychological aspects of remote working”

This presentation aims to highlight the practical aspects of the organizational psychology program at the University of Pécs. I would like to present my current field of research about remote working. In the last years, we involved Hungarian companies and employees in our studies and we examined several psychological aspects of work, such as engagement, the perceived level of stress, satisfaction, and values. My current field of research examines the psychological aspects of remote working, in which I would like to involve the audience as well in a short interactive session. This little co-work could increase the level of international cooperation.

Ezekiel Mecha

Dr Ezekiel Mecha is a Reproductive Biochemist and Endocrinologist. He is a lecture and researcher at the University of Nairobi, Kenya, connected to both the Faculty of Health Sciences (Department of Biochemistry) and the Faculty of Science and Technology (department of Chemistry). Dr Ezekiel received his PhD in Reproductive Endocrinology from the University of Giessen, Germany. He has a lot of experience in research and teaching in the field of reproductive health, including endometriosis, adenomyosis, fibroids and other uterine problems. Dr Mecha is the ambassador for Endometriosis of East Africa.

“Health care in Kenya, East Africa”

Kenya, situated in the East of the African continent is a country developing fast. However over 43% of the population still lives in poverty. Health challenges are big and the health care has to deal with limited access to health care facilities, lack of adequate personnel and expertise to address the medical needs, poor Infrastructure ... Dr Ezekiel will tell us more about how health care is organized in Kenya, what are the good practices and what are the challenges the country has to deal with.

Maite Montagut Asunción

Maite (PhD) is a professor at the Catholic University of Valencia, in the Department of Neuropsychobiology, Methodology, where she manages the mobility of students and teachers of the same degree. She teaches in Spanish and English in the first and second year of the Psychology Degree, in the area of Basic Psychology and School Psychology. Her research interests are early development, Autism and inclusive education. In her teaching practice she tries to integrate active methodologies, fostering teamwork and encouraging critical

spirit. Her commitment is to remain in constant training to update teaching practice and educational innovation.

Why persuaded by neurowordly explanations?"

In this lecture we debunk myths and topics about Psychology; disassemble prejudices and stereotypes. We also clarify the concept of scientific Psychology and emphasize the method used by Psychology in its research and practice. Further we explore the question why we are so persuaded by what we can call 'neurowordly' explanations. But before we answer the big question [Why are we so persuaded by 'neurowordly' explanations?] we need to clarify some ideas about psychology.

Ádám Putz

Ádám Putz, PhD, is a Senior Lecturer in the Institute of Psychology at the University of Pécs, Hungary. His research focuses on how beauty-stereotypes and physical similarity affect social cognition in both economic decision making and juristic judgments of sexual assault crimes. Recently, he has also developed an interest toward research related to online commerce and equity crowdfunding.

“Birds of a Feather Buy Together? The Effect of Buyers’ Facial Similarity to Message Source on Online Purchase Decisions”

Anyone who has ever purchased an item online knows that product reviews play an important role in choosing which product to put into one’s cart. Previous studies have shown that a target’s self-perceived similarity with the source of a persuasive appeal is likely to increase the target’s persuadability in online settings. We developed an online shopping task where participants read positive and negative customer reviews of physically similar and dissimilar sources. In general, participants rated similar (vs. dissimilar) sources as significantly more reliable, and they were more likely to accept a review from a similar source, especially when the review was positive. We discuss these findings in the light of the Elaboration Likelihood Model (ELM) and point out the potentially harmful consequences of misusing photo morphing technologies (e.g., deep fake solutions) in online commerce.

Spark Van Beurden

Spark is working at the Utrecht University and Bureau Beschermjassen. Having grown up in the '80s-'90s political squatting movement in Amsterdam, the Netherlands, her work with youth, families and professionals is clearly marked by an interest in civic self-organizing efforts that take place outside of, or on the edges of institutional infrastructures. Departing from this awareness, Spark study how political societal dynamics manifest themselves in the contexts of family, social work and education and how people’s sense of (contested) belonging and intergroup relations directs processes of collective learning, friction, and collaboration. Studying society from the perspectives and experiences of youth and families, the pedagogical sciences offer an important lens to investigate how macro processes such as migration, globalisation and

inter-group power dynamics transform and are being transformed in daily practices of socializing societies' new generations.

“Social Sustainability: Young Leadership and Engaged Citizenship in Social Work, Education and Research”

In this talk you are given the opportunity to learn how exploring our own family stories, cultural background and national histories can help to actively work with diversity and processes of in- and exclusion in social work and education. In today's globalized and digital world, diversity in socioeconomic position, colour, culture, religion and gender is inherently part of our everyday (professional) lives and embedded in national histories of trade, colonization and international migration. Drawing on her expertise as a researcher, transcultural trainer and lecturer, Spark van Beurden takes us along in her experiences of working as a white, young woman in diverse contexts of family work and education. Exploring the question how young professionals can take leadership in creating inclusive spaces in social work, education and research, this talk offers a critical yet practicebased perspective on social sustainability as part of our changing world.

Sasja Wolters

Sasja Wolters is a lecturer at the Hanze University of Applied Sciences in Groningen, The Netherlands where she works at the department of applied psychology. Her main focus is on consumer behavior 3.0, citizenship and behavioural change. With experience in the field of psychology, Sansja brings a unique perspective to the study of consumer behavior and the role it plays in promoting sustainability and positive societal change. Within a project Sasja guides students in understanding the psychological factors that drive individuals to make sustainable choices.

“Relationship between human activity and environment”

Sustainability is a crucial aspect of our lives, as it addresses the relationship between human activities and the environment. Achieving sustainability requires not only changes in technology and policy but also changes in behavior. Living a life with purpose and inner sustainability goals can drive individuals to adapt sustainable practices and make conscious choices that positively impact the environment. By setting personal sustainability goals and integrating them into daily life, individuals can contribute to the larger goal of creating a more sustainable future. This requires introspection, self-awareness, and a commitment to continuous learning and growth. The focus on inner sustainability can also lead to a sense of fulfillment and a deeper connection to the natural world, creating a virtuous cycle of positive behavior and well-being.

Lisa Zach

Lisa Zach is a lecturer and researcher at the Institut for Personal Skills Development at the University of Applied Sciences Wiener Neustadt (Austria) in the fields of communication, self-management, appearance

and practical rhetoric, intercultural communication & conflict management and project management. She is the author of the book “Transitions and employability of first-in-family graduates. A systematic literature review on reproduction mechanisms of social inequality” Lisa has a Master's degree in business education, Vienna University of Economics and Business (WU) and a Bachelor's degree in economic and social sciences, Vienna University of Economics and Business (WU). For her master thesis “Transitions and employability of first-in-family graduates, she won the Ulrich-Teichler-Award of the Society for University Research (Gesellschaft für Hochschulforschung). Lisa has a 10 years’ work experience in the insurance industry: assistance to the board of directors, board meeting management, project management, business analysis.

“Basics of communication” (for students)

During this lecture the sender-receiver model will be discussed. Also will we tune in to active listening as an important value of future care takers. The importance of receiving and giving feedback is something not to forget when it comes to basic communication skills.

“Insights in First-in-family” (for staff)

In this lecture Lisa will give some insights in the “first-in-family” research field. She will discuss the key findings of the research work and book “Transitions and employability of first-in-family graduates. A systematic literature review on reproduction mechanisms of social inequality” (Zach, 2022) Interesting is the derivation of recommendations for action for higher education institutions and the importance of employability.